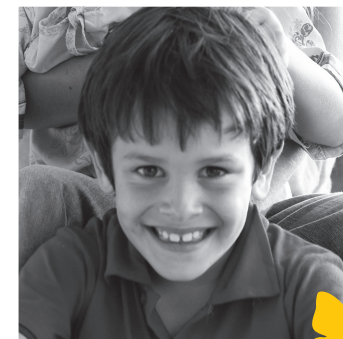




Nationwide Children's Hospital
C/O: Community Education
700 Children's Drive
Columbus, OH 43205-2696



Metabolic Meet-up



Metabolic Meet-up!

Join us for an afternoon of connection and community building for Nationwide Children's Hospital patients and families living with rare, diet-related metabolic disorders.

Intended Audience

Patients, parents, caregivers, and family members affected by diet-related inborn errors of metabolism, including phenylketonuria (PKU); fatty acid oxidation disorders (MCAD, LCHAD, VLCAD); glycogen storage diseases; urea cycle disorders; galactosemia; homocystinuria; maple syrup urine disease; propionic acidemia; methylmalonic acidemia; isovaleric acidemia; tyrosinemia; glutaric acidemia type 1; and others.

Topics & Presenters

- 1:30–1:45 p.m. **Welcome**
- 1:45–2:15 p.m. **Partnering with School Food Service for Special Dietary Needs**
Suzie Gerhardt, Pickerington Local Schools
Harley Roberts, Parent/Patient Advocate
- 2:15–2:30 p.m. **Break & Exhibitors**
- 2:30–3:00 p.m. **Container Gardening: Grow Your Own Way**
OSU Master Gardener
- 3:00–3:15 p.m. **Break & Exhibitors**
- 3:15–3:45 p.m. **Weight Bearing Exercise for Bone Health**
Nationwide Children's Physical Therapy/Sports Medicine Team

3:45–4:00 p.m. **Break & Exhibitors**

4:00–4:30 p.m. **Mental Health Wrap-Up**
Lauren Peterson, PsyD
Nationwide Children's Hospital

Program Description

This is a great opportunity to meet others with the same or similar conditions, find a support group, and attend educational sessions containing both practical and fun topics relevant to navigating life with a complex condition.

Our goal is to create a welcoming space where people feel included, families feel supported, and everyone leaves with new connections. This event is family-friendly and will have activities available for all ages.

Date & Time

Saturday August 1, 2026
1:30–4:30 p.m.

Location

Nationwide Children's Education Center
Stecker Auditorium
700 Children's Drive
Columbus, OH 43205

Event Parking

Parking is located in the Orange Parking Garage
555 S. 18th St., Columbus, OH.
Parking vouchers will be given out to cover the cost.

Questions

For questions about registration call or email:
Sheri.Brock@NationwideChildrens.org
Phone: (614) 355-0589

Ready to Join the Fun? Three Ways to Register Today!

Choose the option that works best for your family:

1. Scan & Register (Fastest)

Scan the QR code below for quick and easy online registration on your phone.



2. Register Online (Easy!)

Visit: NationwideChildrens.org/edu

3. Prefer Mail?*

If you're unable to access the QR code or email, please complete this form, add postage, and mail it to us:

Patient Name: _____

Name: _____

Name: _____

Name: _____

Address: _____

City: _____ State: ____ Zip: _____

Patient Age: _____ Phone: _____

Email: _____

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*(Allow 2 weeks to process and confirm)

*(Postage required)